

# Extra Curriculum Policy

## Overview

At Yasmina British Academy, we believe that Extra-Curricular Activities and events play a vital role in raising the whole child. Extra-Curricular Activities enrich students' experiences, build confidence, and nurture a broad range of skills and talents. Our programme reflects Yasmina British Academy's commitment to academic excellence, innovation, wellbeing, and holistic development, while aligning with the Abu Dhabi Department of Education and Knowledge (ADEK) Extracurricular Activities and Events Policy.

Our Extra-Curricular Activities and Academic Enrichment programme ensures that we raise happy, confident, respectful, resilient, and independent young adults, providing every child with the opportunity to discover where they shine within the curriculum and the wider school community.

## Summary

Policy First Issued on	September 2022
Next Policy Review Date	September 2026
Policy Amended	September 2025
Lead Professionals	Paul Dallyn
Signature(s)	Listaly
Approved by ELT	Z'mmer
Date	September 2025

### Rationale

#### Aims of the Extra-Curricular Activities Programme

The aims of the Yasmina British Academy Extra-Curricular Activities programme are to:

- Recognise that Extra-Curricular Activities are a valuable aspect of the learning process and contribute to developing well-rounded individuals.
- Supplement and complement in-school learning by providing opportunities that extend beyond the classroom.
- Enable students to broaden their horizons and explore their unique gifts and talents.
- Raise the whole child by building qualities such as honesty, reliability, resilience, independence, and respect.
- Guarantee that every child has the opportunity to discover where they shine within the curriculum and within the school's wider community

#### Scope

This policy applies to:

- All students enrolled at Yasmina British Academy who participate in Extra-Curricular Activities and events.
- All staff and external providers who deliver or supervise Extra-Curricular Activities and events.

#### Structure of Provision

Yasmina British Academy offers three strands of Extra-Curricular Activities:

- Co-Curricular Activities (CCAs): Linked to curriculum areas and enrichment opportunities, delivered by teachers with tangible outcomes.
- Targeted/Invitation-Only Activities (TAs): Activities requiring specific skills, knowledge, or selection (e.g., Olympiads, Mathletes, sports squads).
- Sports Squads: Competitive teams selected through trials with opportunities for interschool competition across Abu Dhabi and Dubai.

#### Programme and Delivery

- All Extra-Curricular Activities run after school, Monday-Thursday, 3:15-4:00pm and during lunch time for Secondary students.
- Calendars are published termly via Epraise, with clear sign-up procedures.
- Post-16 students are encouraged to propose and initiate their own Extra-Curricular Activities, subject to approval by the Coordinators.

#### National Identity and Culture

Yasmina British Academy actively promotes UAE heritage and national identity through Extra-Curricular Activities such as Arabic Poetry, Qur'an Recitation, Emirati Cuisine, Arabic Calligraphy, Emirati Hospitality,

National Identity Poetry, and Sandooq Al Watan. These activities strengthen our students' connection to their culture and values, while encouraging pride in UAE traditions.

#### Inclusion and Wellbeing

Yasmina British Academy is committed to providing opportunities for all students, including those with additional learning needs, to participate fully in Extra-Curricular Activities. Reasonable adjustments are made to ensure inclusion, with specific Extra-Curricular Activities such as Lego Therapy and Social Skills clubs supporting social and emotional growth.

Wellbeing-focused Extra-Curricular Activities, including Mindfulness Colouring, Yoga, Zumba, and Creative Arts, ensure that students have balanced opportunities for self-expression, resilience, and relaxation.

#### Safeguarding and Safety

All Extra-Curricular Activities and events are underpinned by Yasmina British Academy's safeguarding and wellbeing policies. Staff, external providers, and parent volunteers are required to adhere to the ADEK School Student Protection Policy and Yasmina British Academy's Code of Conduct. Risk assessments, emergency planning, and parental consent are mandatory for all Extra-Curricular Activities and trips.

#### Monitoring and Evaluation

The Extra-Curricular Activities programme is regularly reviewed to ensure high quality, safety, and student impact. Attendance records are maintained, and feedback is collected from students, staff, and parents each term. Findings are used to inform continuous improvement and innovation.

# **Objectives**

- Provide a broad, inclusive, and enriching Extra-Curricular Activities programme that supports student interests and talents.
- Develop essential physical, social, emotional, and cognitive skills beyond the classroom.
- Promote student wellbeing and engagement through cultural, artistic, sporting, academic, and philanthropic opportunities.
- Celebrate and strengthen UAE national identity, heritage, and values through dedicated Extra-Curricular Activities.
- Ensure the safe and effective planning and delivery of Extra-Curricular Activities and events in compliance with ADEK requirements.